The Doctrine of REST

Part 1

This month I want to open up the topic of REST.

I am studying Hebrews again this year and have been moved by the emphasis of Rest spent in the epistle. It is a topic a that enters the scriptures at the beginning and is discussed many times in the Old and New Testament.

Some of the ways it has been discussed are:

1. God’s Rest
2. Sabbath Rest
3. Promise Land is called the Rest
4. And there still remains for us a Rest for us and it is Jesus. In the Gospels the doctrine of **Rest** is clearly articulated in the words of Jesus: "come to me and I will give you **Rest** and you will find rest for your souls" ( [Matt 11:28-30](http://www.biblestudytools.com/bible/passage.aspx?q=Matthew+11:28-30&t=niv))
5. When his people complete their service to him on earth, they will enter into God's prepared Rest.
6. In Revelation 14:13-14 the heavenly voice speaks of the blessedness of those who die in the Lord and the Spirit replies: "They will **Rest** from their labor for their deeds will follow them."
7. The Spirit of the Lord **rest** on the Messiah ( [Isa 11:2](http://www.biblestudytools.com/isaiah/11-2.html) ), so in the new covenant, "If you [Christian believers] are insulted for the name of Christ, you are blessed, for the Spirit of glory and of God **Rest** on you" ( [1 Peter 4:14](http://www.biblestudytools.com/1-peter/4-14.html))
8. As a CR note Joshua 22:3-5

Jos 22:3 Ye have not left your brethren these many days unto this day, but have kept the charge of the commandment of the LORD your God.

Jos 22:4 And now the LORD your God hath given rest unto your brethren, as he promised them: therefore, now return ye, and get you unto your tents, *and* unto the land of your possession, which Moses the servant of the LORD gave you on the other side Jordan.

Jos 22:5 But take diligent heed to do the commandment and the law, which Moses the servant of the LORD charged you, to love the LORD your God, and to walk in all his ways, and to keep his commandments, and to cleave unto him, and to serve him with all your heart and with all your soul.

In the Gospels the doctrine of **rest** is referenced: "come to me and I will give you **rest** and you will find rest for your souls" ( [Matt 11:28-30](http://www.biblestudytools.com/bible/passage.aspx?q=Matthew+11:28-30&t=niv) ). The **rest** he promises is certainly for the world to come, but it is also for this world, our work in the journey and our wellbeing from God’s perspective. It is the sense of security and peace that flows from a right relation with God, the Father, through obedience to his Son, the Messiah, and membership in his kingdom.

In Hebrews 3-4. The Greek text of Psalm 95:11 ("they shall never enter my **Rest**") is cited eight times in Hebrews. Joshua was given the task by Yahweh of leading the tribes of Israel into the promised land, into the **rest** promised them by their God.

I am sure that Israel thought the journey “into a promise land” would not be a struggle. That death and hardship would not be a part of the transformation of the promise land. Look at God’s warning for them not to take the prepared cities for granted. They had not built them. I think this warning is to us in America on the world we live in. God says work in your time knowing two things

1. All things of the world will burn up and
2. Rom\_8:28 And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

Our job is not to manipulate the end result. God will be sovereign for our fate. Our job is to do everything to the Lord and know that some of us will get beat up in the process.

The **rest** is rightly called a "Sabbath rest" because it is a participation in God's own **rest**. When God completed his work of creation, he rested; likewise when his people complete their service to him on earth, they will enter into God's prepared rest. Now, in this age, the **rest** is before them as their heritage and by faith they live in the light of it in this world

In Revelation 14:13-14 the heavenly voice speaks of the blessedness of those who die in the Lord and the Spirit replies: "They will **rest** from their labor for their deeds will follow them." Here a different dimension of the meaning of **rest** is being pointed to a rest that is not inactivity but is certainly free of the burdens of the flesh and of the present, evil age.

Finally, we note that as the Spirit of the Lord **rests** on the Messiah ( [Isa 11:2](http://www.biblestudytools.com/isaiah/11-2.html) ), so in the new covenant, "If you [Christian believers] are insulted for the name of Christ, you are blessed, for the Spirit of glory and of God **rests** on you" ( [1 Peter 4:14](http://www.biblestudytools.com/1-peter/4-14.html))

Application:

1. Study God’s view of Rest.
2. Am I resting in God and if not, what am I going to do.
3. In your life in the world, make a list of the major “projects” in your life and turn the final product over to God.

Mission statement of the Blogs

These blogs are to stimulate your biblical thinking to become Issachar’s of our time.

1Ch 12:32 and from the sons of Issachar, *men* who had understanding of the times, to know what Israel ought to do.

These blogs are an attempt to articulate key biblical issues of our day so that we can

1. Learn and understand the propositions of the Bible concerning our life
2. We can apply the truth in our life in the sanctification process
3. Contend/defend against heresy or apostasy.
4. We can draw closer to God

We post these Blogs on a Web Site. The address is *JacksonsJournal.com*

Gayle

Areas one must study and think on if they want to have a CWV.

The highlight in green is work done on the subject earlier.

1. [My Purpose in Life](https://mimbooks.com/product/establishing-your-purpose/)-In a booklet at MIM
2. [Authority and accuracy of the Word](https://jacksonsjournal.com/the-word/)
3. Family-Blog 20
   * My marriage-Blog 20
   * Sexual relation to spouse
   * Money
   * Your children
   * Respecting their Mom/Dad
   * [Honoring your Parents](http://amzn.to/2qDCfDO)-Book available on this subject from Pikes Peak CBMC
4. Learning and thinking
   * [Words](https://jacksonsjournal.com/the-power-of-words/), Words Count-discussed in Blog 10
5. Dating and then marrying non-believers-you and your children-discussed in Blog 20.2
6. Moral discipline of brothers and members of the family-Church Discipline-discussed Blog 20.3
7. Habits
8. My dealing with sexual deviants or the overall moral decay of my society.
9. How to serve my boss
10. My view and my obedience to authority in my life, i.e.
    * the Word, -discussed in Blog 12
    * the President,
    * the Governor,
    * the Police,
    * the Church leadership,
    * the Father,
    * the Mother,
    * the Spouse,
    * the driving laws,
    * etc.
11. Fearing God, Blog [1](https://jacksonsjournal.com/fear-part-1/) and [2](https://jacksonsjournal.com/fear/)
12. My “generosity-giving”
13. The church-discussed in Blog 7
14. Forgiveness-discussed in Blog 9
15. My contentment with my life and where God has me-discussed in Blog 3.5
16. My motivation
17. [My Legacy with the Kids](https://jacksonsjournal.com/my-legacy-to-the-kids/)-discussed in Blog 19
18. [What is Success](https://mimbooks.com/product/success-a-biblical-perspective/)-In a booklet at MIM
19. View of death and life after-discussed in Blog 8
20. My good works
21. My Contending-Contend-Blog 5
22. My Theology
23. My Hope-discussed in booklets on profit motive at MIM
24. [Why do I work](https://mimbooks.com/product/why-go-to-work/)-discussed in booklets on Why Go To Work-MIM
25. Rest-discussed in Blog CWV-20.5